

# United States Department of Agriculture (USDA) Fresh Fruit & Vegetable Program (FFVP)

Participating sites include: Forest, Lakeview, Meadow Lake, Neill, Noble, Northport, Sonnesyn

\*Minnesota Grown Produce

## October 2022 Menu - Items in **Green** ordered by Brie

<p><b><u>Monday, 10/3</u></b> 12510 - Jicama Sticks (<math>\frac{1}{4}</math> cup)</p>	<p><b><u>Tuesday, 10/4</u></b> 01160 - Granny Smith Apple, 1 each</p>	<p><b><u>Wednesday, 10/5</u></b> No School Today</p>	<p><b><u>Thursday, 10/6</u></b> 04690 - Baby Carrots , 1.5 oz pack</p>	<p><b><u>Friday, 10/7</u></b> No FFVP</p>
<p><b><u>Monday, 10/10</u></b> 11795 - Celery Sticks (<math>\frac{1}{4}</math> cup)</p>	<p><b><u>Tuesday, 10/11</u></b> 20522 - Multi Color Carrot Coins <b>Snack Pack</b></p>	<p><b><u>Wednesday, 10/12</u></b> 09539 - Apple Slices 2 oz snack pack</p>	<p><b><u>Thursday, 10/13</u></b> 03655 - Pear 1 each</p>	<p><b><u>Friday, 10/14</u></b> No FFVP</p>
<p><b><u>Monday, 10/17</u></b> 2200 - Banana, 1 each</p>	<p><b><u>Tuesday, 10/18</u></b> 08685 - Grape Tomatoes - <math>\frac{1}{4}</math> cup= about 3 tomatoes</p>	<p><b><u>Wednesday, 10/19</u></b> 3850 - Plum - 1 each</p>	<p><b><u>Thursday, 10/20</u></b> No School Today</p>	<p><b><u>Friday, 10/21</u></b> No School Today</p>
<p><b><u>Monday, 10/24</u></b> 20625 - Pea Pods, <b>Snack Pack</b></p>	<p><b><u>Tuesday, 10/25</u></b> <i>Farmer Apple from Rabideaux Farms, add what you need for FFVP to your order for 10/17</i></p>	<p><b><u>Wednesday, 10/26</u></b> 04690 - Baby Carrots , 1.5 oz pack</p>	<p><b><u>Thursday, 10/27</u></b> 03520 - Orange Smiles, <math>\frac{1}{4}</math> cup= 2 wedges</p>	<p><b><u>Friday, 10/28</u></b> No FFVP</p>

Low-Fat Dip may be served with veggies!

USDA is an equal opportunity employer.